

The Season of Lent is a period in which we are encouraged to pray and reflect on how we can deepen our personal relationship with Jesus and increase our understanding of our faith as we prepare to celebrate Christ's resurrection at Easter. To help us in this task, we are holding a series of Lenten activities to which you are all invited.

FRIDAY STATIONS OF THE CROSS

Stations of the Cross will be held every Friday in the church during Lent starting on **Friday, 20th February at 7pm.**

LENT LECTURES AT BRENTWOOD CATHEDRAL

"What does it truly mean to be Catholic?" A series of Lenten talks at the Cathedral, each one starts at 7.30pm.

- 1.** Abbot Hugh Allan: "I Believe..." Living and Proclaiming the Catholic Faith. Wednesday 25th February.
- 2.** Rev Msgr Kevin W Hale, VG Being Catholic and the call to holiness as seen in the lives of some recently canonised saints. Wednesday 4th March.
- 3.** Mr Mauro Iannicelli Prayer as the Foundation of our Catholic Life. Wednesday 11th March.
- 4.** Rev Msgr John Armitage Rev Msgr John Armitage Wednesday 18th March.

LENTEN RECONCILIATION SERVICE

There will be a Reconciliation Service at Brentwood Cathedral at 7.30pm on **Tuesday, 31 March.**

EASTER CRAFTS ACTIVITY FOR FAMILIES

On **Saturday, 28th March** from 11am to 1pm, Kristin, our Family Co-ordinator, will be holding an Easter crafts session for families in the Large Hall of the Pastoral Centre.

Families will be invited to create Easter baskets filled with crafts & goodies including decorative eggs, easter biscuits, chocolate nests and rosary keyrings. These baskets will then be blessed by Fr Dan at 2pm on Holy Saturday (4th April)

If you would like to take part in this please make sure that you email Kristin at kristindefreitas@brcdt.org There will be a charge of £5 per family to cover the cost of the craft items.

WALK WITH ME CHILDREN'S LENTEN CALENDARS:

These are available at the back of the church and are free of charge

LENTEN WALK IN AID OF OUR YOUTH HUB FUND

Faith in Action warmly invites you to lace up your walking boots (or wellies!) and join us for a special Lenten Walk in support of our very own Youth Hub on **Sunday 22nd March** Starting at midday after the after the 11am Mass from The Most Holy Redeemer.

We will walk together around Mill Meadows before finishing at the Pastoral Centre, where hot dogs and refreshments will be served.

The walk will take approximately one hour and is suitable for both adults and children — everyone is welcome! (not suitable for

pushchairs) Children can take part in a fun walking adventure, searching for riddles hidden along the route. Solving the riddles will reveal a mystery word and medals are awarded to those detectives that can solve this mystery!

A suggested donation of £5 per person or £10 per family will support our parish in creating a dedicated youth space — somewhere our young people can feel welcomed, valued, and encouraged to stay connected to their church community. Our hope is that this space will become a true home from home for them, where faith, friendship, and belonging can flourish. If you would like to take part, please email kristindefreitas@brcdt.org We look forward to walking with you this Lent!

CHRISTIAN MEDITATION

Preparation for Lent A series of 5 weekly sessions will be held every Thursday starting **26th February at 12pm.** Each session will last between an hour to an hour and a half. The sessions will take place in the upstairs room of the Canon Roche Pastoral Centre. It will be helpful if you would kindly bring your Bible to follow the Scripture reading as well as a notebook and pencil. You are welcome to bring a friend along. Please register your name with the Parish Office to confirm your attendance. For more information please speak to Janet or Ed Harvey.

MY DAY BY DAY LENTEN BOOKLETS:

These are available from the Church porch at a cost of £1.15

CONFESSIONS AND EXPOSITION OF THE BLESSED SACRAMENT

Confessions are usually heard every Saturday morning from 11am-12pm. Exposition of the Blessed Sacrament takes place on Sundays at 5pm. Please check the newsletter before attending.

HOLY WEEK SERVICES

MAUNDY THURSDAY, 2ND APRIL

7.30pm Mass, followed by a vigil in front of the Blessed Sacrament at the altar of repose until Midnight.

GOOD FRIDAY, 3RD APRIL

10.15am Children's Stations of the Cross in the church.

3pm The Veneration of the Cross

7pm Stations of the Cross

HOLY SATURDAY, 4TH APRIL

11am - 12pm Confessions in the Church

2pm Blessing of Easter Food in the Church.

This is a tradition in many Eastern European countries where families bring to the church the food that they will eat on Easter Sunday.

EASTER VIGIL, SATURDAY 4TH APRIL

8pm The most important service in the Church's year.

EASTER SUNDAY, 5TH APRIL

9am Easter Morning Mass

11am Easter Morning Mass

FRIDAY OBLIGATION:

A reminder that as Catholics we are obliged not to eat meat on Fridays.

LENT & HOLY WEEK



MOST HOLY
REDEEMER,
BILLERICAY